

THE MADURA COLLEGE

An Autonomous Institution affiliated to Madurai Kamaraj University
Re-accredited (3rd cycle) with 'A' grade by NAAC
Vidya Nagar, T.P.K. Road, Madurai – 625 011

HEALTH AND HYGIENE POLICY

Every educational environment need to be hygienic and safe for their teaching and non-teaching fraternity, student's community and visitors of the institution. Hygiene is the most important in workplace because it contributes to healthy workforce. The Madura College, Madurai always believes that a healthy workforce is happier and more productive as it considerably reduces sickness of its fellow beings. This could be made possible only when the entire community of The Madura College have the collective responsibility to co-operate and achieve a Healthy and Safe work place in the institution.

AIMS & OBJECTIVES

- To ensure a healthy and safe environment for all teaching & non-teaching staff, students and visitors of the College.
- To ensure that all activities within the College environment have no adverse effect on the health and safety of its fellow beings.
- To ensure that First Aid is given by qualified or trained First Aid personnel within the institution.
- To inculcate Health and safety consciousness/procedures among teaching & non-teaching staff and students of The Madura College, so that they take responsibility for their health and safety.
- To maintain a favourable non- polluted environment for the benefit of everyone in college.



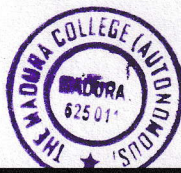
PROCEDURES TO ENSURE HIGH STANDARDS OF HEALTH AND HYGIENE IN THE COLLEGE

STAFF AND STUDENTS

- A First Aid kit is located in a strategic area where it is easily accessible to all staff. Items in the First Aid kit should be monitored and replaced when due by the College Administrator.
- The College must ensure a First Aid kit is taken when going out on field trips and industrial visit.
- Hand Sanitizers must be at strategic points in the College where students and staff members can easily have access to it.
- Students must remain at home when ill to reduce the possibility of affecting others.
- If any medical leave is availed by staff/student, they can report only after medical report from a recognised hospital after ill health.
- Sanitary napkins shall be provided to girl students.
- Incinerator is installed for disposing sanitary napkins hygienically.


GENERAL HEALTH & HYGIENE

- It is the responsibility of the supporting staff to monitor the cleanliness of the entire College.
- Inspection must be done daily and it must be recorded. This is to ensure that the College is clean at all times.
- Clean and hygienic conditions, as per safety and health advisories of the concerned government departments, are to be maintained at all places, including classrooms, departments, labs, office rooms, libraries, seminar halls, auditorium, canteen, washrooms etc.
- Proper signage, symbols, posters etc. should be prominently displayed at appropriate places, to remind the students, faculty and staff about cleanliness and hygiene.
- Emergency contact number shall be displayed at prominent places in the college.
- Good hygiene habits are to be emphasized by regularly to the students with regard to healthy eating habits, cleanliness, hand washing, proper usage of toilets etc.
- Girl students must be given due awareness on mental health, intake of nutritious food, need for menstrual hygiene and proper disposal of sanitary napkins.



- In order to reassure the students' community to avoid any kind of stress, frequent counselling and guidance can be given to students on mental health, psychological aspects and well-being of the students.
- Helplines for mental health, psychological aspects and well-being of the students should be set up in the College which needs to be regularly monitored by Counsellors and other identified faculty.
- Medical education and training can be given to the faculty and staff with regard to mental health, stress management, healthy eating habits and due awareness on health insurance.




PRINCIPAL
THE MADURA COLLEGE (Autonomous)
MADURAI - 625 011